

# CITY CLUB

F O R T W O R T H

downtown's business, fitness & social club

## SALADS

MESCLUN HOUSE SALAD | 7 <sup>GF</sup>

SLICED ROMA TOMATOES, MARINATED RED ONIONS, LEMON DIJON DRESSING

LARGE WEDGE SALAD | 8 <sup>GF</sup>

ICEBERG LETTUCE, TOMATOES, AVOCADO, MAPLE SMOKED BACON  
CHOICE OF DRESSING: BLUE CHEESE, RANCH, BALSAMIC, CHIPOTLE RANCH

CAESAR SALAD | 8

REGGIANO CHEESE, SEASONED CROUTONS, TUSCAN CAESAR DRESSING

RED OAK AND BABY SPINACH SALAD | 10 <sup>GF</sup>

SLICED APPLES, CANDIED WALNUTS, BLEU CHEESE CRUMBLES, SHERRY VINAIGRETTE

### <sup>GF</sup> ADD TO YOUR SALAD:

GRILLED CHICKEN | 7      GRILLED SALMON | 11  
GRILLED JUMBO SHRIMP | 10      SLICED GRILLED SIRLOIN | 11

COBB SALAD | 14 <sup>GF</sup>

LETTUCE, TOMATOES, CHEDDAR CHEESE, GRILLED CHICKEN,  
MAPLE SMOKED BACON, AVOCADO, HARD-BOILED EGG  
CHOICE OF DRESSING: BLUE CHEESE, RANCH, BALSAMIC, HONEY MUSTARD

## SOUPS

SOUP OF THE DAY

SMALL BOWL 6 | LARGE BOWL 8

CHICKEN TORTILLA SOUP

SMALL BOWL 6 | LARGE BOWL 8

## OMELETTE

BUILD YOUR OWN OMELETTE | 12

SERVED WITH TOAST AND DICED MARINATED FRUIT **CHEESES:** MONTEREY JACK, SWISS, CHEDDAR  
**MEAT:** HAM, SAUSAGE, TURKEY **VEGETABLES:** ONIONS, MIXED BELL PEPPERS, MUSHROOMS

## MINI PLATES

CHICKEN POT PIE | 10

MINI SALMON CAKE | 10

WITH CREAMED BABY SPINACH

MINI CHICKEN FRIED STEAK | 10

WITH MASHED POTATOES AND PEPPER GRAVY

SEARED SCALLOPS | 10

WITH SUNDRIED TOMATOES AND HERB RISOTTO

# CITY CLUB

F O R T W O R T H  
downtown's business, fitness & social club

## ENTREES

GRILLED LEMON CHICKEN BREAST | 16  
VEGETABLE COUSCOUS, ARUGULA SALAD AND LEMON MUSTARD SAUCE

SCOTTISH SALMON | 20 <sup>GF</sup>  
GRILLED OR BLACKENED WITH MASHED POTATOES AND MIXED VEGETABLES

FRESH FISH OF THE DAY | MARKET PRICE <sup>GF</sup>  
WITH MASHED POTATOES AND MIXED VEGETABLES

ALFREDO LINGUINI PASTA | 16  
WITH SPINACH, CHERRY TOMATOES, TOPPED WITH BLEU CHEESE CRUMBLES

### ADD TO YOUR PASTA:

GRILLED CHICKEN | 7      GRILLED SALMON | 11  
GRILLED JUMBO SHRIMP | 10      SLICED GRILLED SIRLOIN | 11

## SANDWICHES

*SERVED WITH FRENCH FRIES OR SWEET POTATO FRIES*

PULLED PORK | 14  
COLE SLAW, MUSTARD BBQ SAUCE ON A BRIOCHE BUN

TRADITIONAL CITY CLUB CLUB | 13  
SMOKED TURKEY, HAM, BACON, LETTUCE, TOMATOES, SWISS CHEESE  
AND MAYONNAISE ON WHITE OR WHEAT BREAD

BEEF TENDERLOIN SANDWICH | 16  
SAUTÉED MUSHROOMS, CARAMELIZED ONIONS, ARUGULA  
ON SOURDOUGH TOAST WITH DURKEE SAUCE

BLT AND FRIED EGG SANDWICH | 12  
BACON AND EGGS ON TEXAS TOAST

ROASTED CURRY CHICKEN SALAD SANDWICH | 14  
ON CROISSANT OR RAISIN TOAST

## OFF THE GRILL

*AVAILABLE ON WHITE OR WHEAT BUN  
SERVED WITH FRENCH FRIES OR SWEET POTATO FRIES*

SEARED ANGUS BEEF BURGER | 13

SEARED BUFFALO BEEF BURGER | 16

GRILLED CHICKEN BREAST | 12

**CHOICE OF CHEESE:** CHEDDAR, SWISS OR JALAPEÑO JACK

**TOPPINGS:** AVOCADO, JALAPEÑOS, BACON, MUSHROOMS,  
GRILLED ONIONS, CHEESE (\$1.00 EACH)

<sup>GF</sup> This symbol indicates that this item is GLUTEN FREE

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.